

# Family ECHO



#### Every other Thursday beginning January 31 from 10-11:30 am

Join this group of family members who love and support children with complex learning needs. The Echo's goal is to increase your knowledge and skill set for raising and teaching children with developmental disabilities, behavioral health diagnoses, trauma histories, prenatal exposure and/ or FASD.

Supported by Alaska based specialists in the areas of speech, neurodevelopment, occupational therapy, and behavior analysis

Strengthen connections with fellow Alaska families, be introduced to professionals and continue to build your capacity as parents and professionals to work together effectively.

Training topics to include building a support team for your child, the function of challenging behavior, developmental milestones, introduction to sensory processing, functional communication, medication management, and avoiding the use of punishment.

Support your child without leaving your home community

## Register here: http://bit.ly/AlaskaECHO

## Hub



## Participants Families/Caregivers



## Community

Individuals receive better

care in their community

Multidisciplinary team of subject matter experts











ECHO uses technology (i.e., multipoint videoconferencing and internet) to deliver training presentations and case-based learning with families that experience complex behaviors across the state.

### How does ECHO work:



Meet online for 90 minutes



Discuss solutions to children's behavior concerns in real-time with both community experts and parents



Learn evidence-based practices



Earn continuing education credits



Provides a safe place to work towards learning how to decrease behaviors of concern

## Benefits of Family ECHO:



Get information on current approaches to supporting your child in home, school, and community



Increase the capacity of parents and professionals to work together effectively



Improve individual and family outcomes through peer mentoring and family supports



Share individual and family successes



Support your child without leaving your home community